

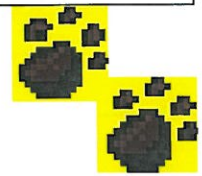
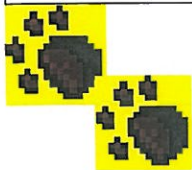
Bulldog Strong



# October 2020

**GIDEON CAFETERIA  
BREAKFAST MENU**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>3</b>
<b>4</b>	<b>5</b> Powdered Donuts String Cheese Apple Milk-Variety	<b>6</b> Cereal, Variety Toast & Jelly Orange Milk-Variety	<b>7</b> Waffle w/syrup Mixed fruit Milk- Variety	<b>8</b> Sausage/Biscuit Cream Gravy Orange Juice & Fruit Milk-Variety	<b>9</b> Oatmeal Cinnamon Toast Banana Milk-Variety	<b>10</b>
<b>11</b>	No School	<b>13</b> Cereal, Variety Toast & Jelly Orange Milk-Variety	<b>14</b> Breakfast Burrito W/ Salsa Mixed Fruit Milk-Variety	<b>15</b> Sausage/Biscuit Cream Gravy Orange Juice & Fruit Milk-Variety	<b>16</b> Oatmeal Cinnamon Toast Banana Milk-Variety	<b>17</b>
<b>18</b>	<b>19</b> Pop Tart GoGurt Apple Milk-Variety	<b>20</b> Cereal, Variety Toast & Jelly Orange Milk-Variety	<b>21</b> French Toast w/Syrup Mixed Fruit Milk-Variety	<b>22</b> Sausage/Biscuit Cream Gravy Orange Juice & Fruit Milk-Variety	<b>23</b> No School	<b>24</b>
<b>25</b>	<b>26</b> Peanut Butter & Jelly Sandwich String Cheese Apple Milk-Variety	<b>27</b> Cereal, Variety Toast & Jelly Orange Milk-Variety	<b>28</b> Scrambled Eggs Toast & Jelly Mixed Fruit Milk-Variety	<b>29</b> Sausage/Biscuit Cream Gravy Orange Juice & Fruit Milk-Variety	<b>30</b> Oatmeal Cinnamon Toast Banana Milk-Variety	<b>31</b>



**MENUS ARE SUBJECT TO CHANGE**  
**This Institution is an Equal Opportunity Provider**



# October 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
4	Chicken Sandwich Sliced Cheese Salad Dressing French Fries w/ketchup Peaches Milk-Variety	5 <b>Popcorn Chicken</b> Mashed Potatoes Green Beans Bread Slice Pineapple Milk-Variety	6 <b>Beef Burrito w /Cheese</b> <b>Salsa</b> Pinto Beans Mexican Rice Orange Milk-Variety	7 <b>Chicken &amp; Noodle</b> Peas & Carrots Carrots/Broccoli (Ranch) Bread Slice Mandarin Oranges Milk-Variety	8 <b>Pizza w/ Marinara</b> Salad w/Tomato Ranch Dressing Corn Apple Milk-Variety	10
11	No School	12 <b>Sloppy Joe</b> French Fries Ketchup Peaches Milk-Variety	13 Corndog Ketchup & Mustard Baked Beans Mac & Cheese Orange Milk-Variety	14 <b>Chicken Alfredo</b> Garlic Bread Broccoli & Cheese Salad W/ Tomato Ranch Pineapple Milk-Variety	15 <b>Turkey &amp; Cheese Sandwich/Hoagie</b> <b>Bun</b> Salad Dressing Lettuce & Tomatoes Corn /Funyuns Apple Milk-Variety	17
18	19 <b>Hot Dog on Bun</b> Mustard & Ketchup French Fries Peaches Milk-Variety	20 <b>Chicken Nuggets</b> Mashed Potatoes Green Beans Bread Slice Mixed Fruit Milk-Variety	21 <b>Beef Tacos/Hard Shell</b> Salsa Shredded Cheese Shredded Lettuce Corn/ Orange Milk-Variety	22 <b>Pizza w/ Marinara</b> Salad w/Tomato Ranch Dressing Corn Apple	23 No School	24
25	26 <b>Hamburger-Bun</b> Sliced Cheese Onion & Pickles French Fries Ketchup Peaches Milk-Variety	27 <b>Meatloaf</b> Mashed Potatoes Green beans Bread Slice Applesauce w/ Jell- Milk-Variety	28 <b>Beef &amp; Cheese Nachos W/ Ranch</b> Shredded Lettuce Pinto Beans Cookie Orange Milk-Variety	29 <b>Breaded Porkchops</b> Mashed Potatoes Corn Hot Rolls/ Margarine Mixed Fruit Milk-Variety	30 <b>Bologna &amp; Cheese Sandwich</b> Salad Dressing Lettuce & Tomatoes Broccoli & Carrots Corn Doritos/ Apple	31

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